

XXVI CONGRESSO  
NAZIONALE SITOP

10, 11, 12  
OTTOBRE 2024

Centro Congressi  
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# VITE ENDOSENOTARSICA

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Article

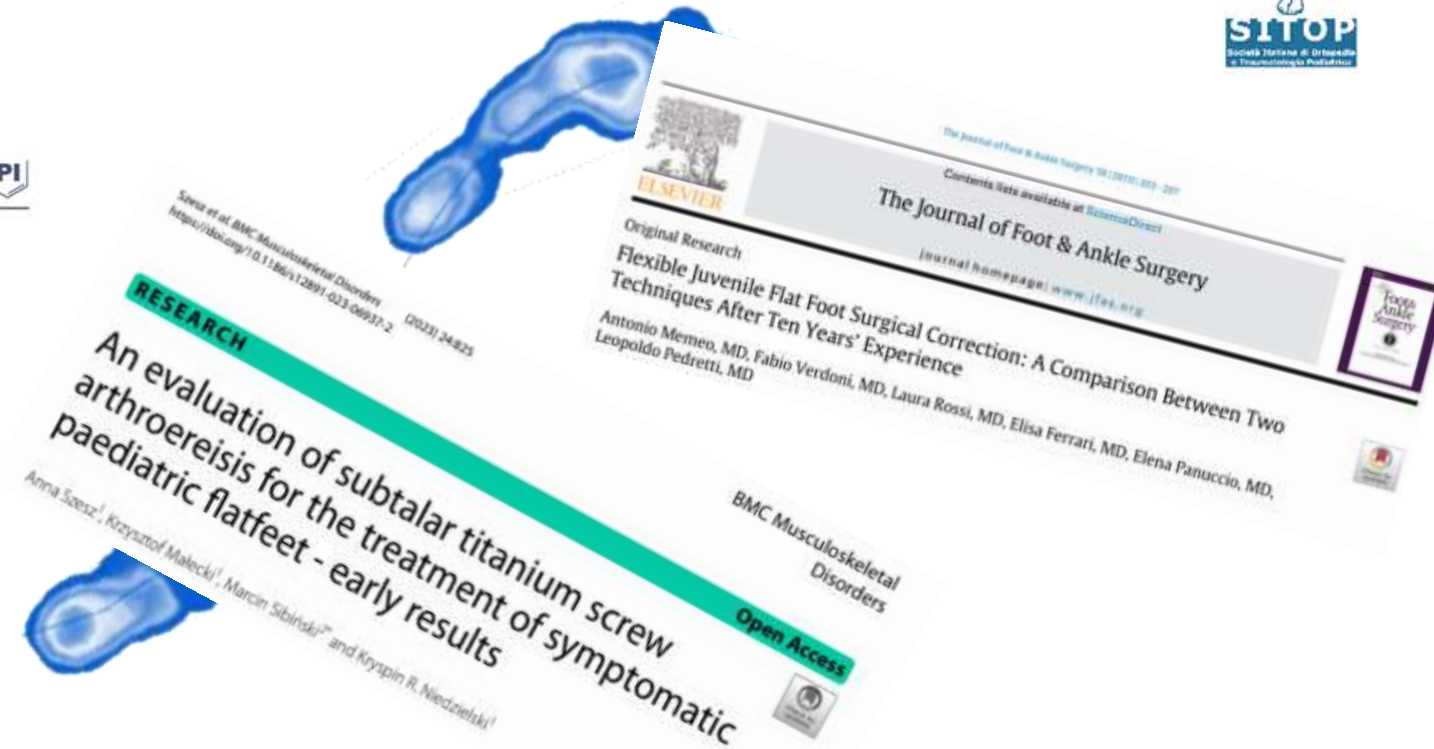
## Short-Term and Medium-Term Radiological and Clinical Assessment of Patients with Symptomatic Flexible Flatfoot Following Subtalar Arthroereisis with Spherus Screw

Andrzej Bobiński<sup>1</sup>, Lukasz Tomczyk<sup>2</sup>, Pawel Reichert<sup>3</sup> and Piotr M...

## HyProCure for Pediatric Flexible Flatfoot: What Affects the Outcome

Cheng Chen<sup>†</sup>, JianTao Jiang<sup>†</sup>, ShaoLing Fu, Cheng Wang, Yan Su, GuoHua Mei, JianFeng Xue, Jian Zou, XueQian Li\* and ZhongMin Shi\*

Original Article



## Satisfactory outcomes of post-operative subtalar extra-articular arthroereisis in juvenile flexible flat foot

Abdulmonem M. Alsiddiky, MD, SSCO, Abdulaziz A. Alsubaie, MBBS, Abdulaziz O. Almuhanha, Medical student, Nawaf M. Alsubaie, Medical student, Faisal A. Alsaleh, Medical student, Hassan M. Albazzani, Medical student, Bader H. Alruwaily, Medical student, Mohammad S. Alzahrani, Medical student, Khalid A. Bakarman, MBBS, SBIO, Naief S. Alghnimej, MBBS

J Child Orthop (2014) 8:479–487  
DOI 10.1007/s11832-014-0619-7

ORIGINAL CLINICAL ARTICLE

## Subtalar extra-articular screw arthroereisis (SESA) for the treatment of flexible flatfoot in children

Maurizio De Pellegrin · Désirée Moharamzadeh · Walter Michael Strobl · Rainer Biedermann · Christian Tschauer · Thomas Wirth

Longo et al. *BMC Pediatrics* (2022) 22:83  
<https://doi.org/10.1186/s12887-022-03145-0>

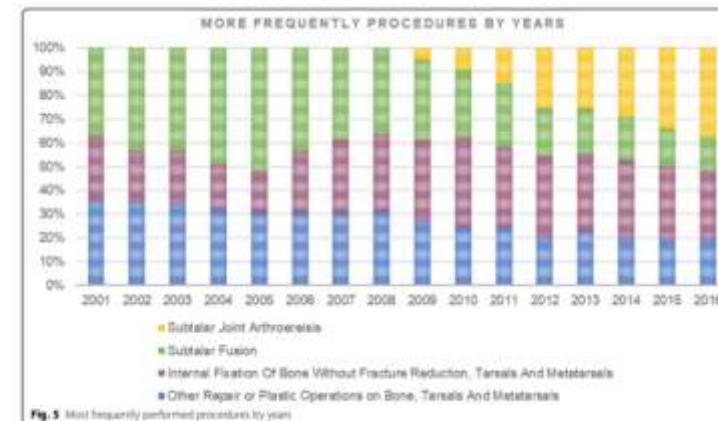
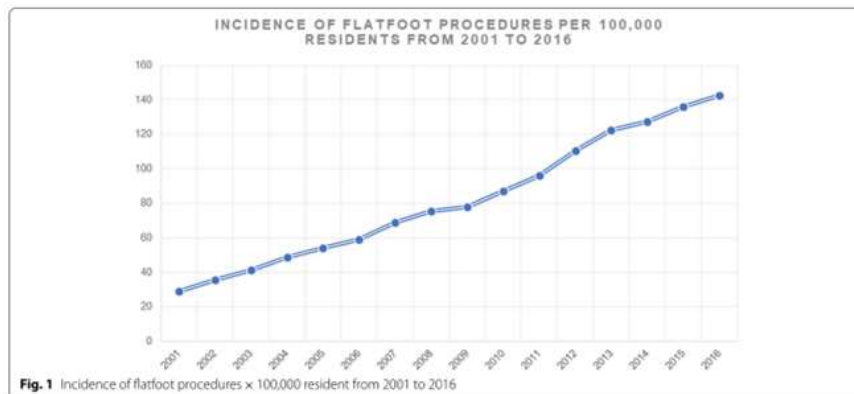
BMC Pediatrics

RESEARCH ARTICLE

Open Access

## Trends in hospitalization for paediatric flatfoot: an Italian nationwide study from 2001 to 2016

Umile Giuseppe Longo<sup>1,2,3\*</sup>, Rocco Papalia<sup>1,2,3</sup>, Sergio De Salvatore<sup>1,2,3</sup>, Laura Ruzzini<sup>4</sup>, Vincenzo Candela<sup>1,2,3</sup>, Iliaria Piergentili<sup>1,2,3</sup>, Leonardo Oggiano<sup>4</sup>, Pier Francesco Costici<sup>4</sup> and Vincenzo Denaro<sup>1,2,3</sup>



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Gait & Posture 94 (2018) 153–158

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Gait & Posture

journal homepage: [www.elsevier.com/locate/gaitpost](http://www.elsevier.com/locate/gaitpost)



Full length article

Functional evaluation of bilateral subtalar arthroereisis for the correction of flexible flatfoot in children: 1-year follow-up

Caravaggi Paolo<sup>a,\*</sup>, Lullini Giada<sup>a</sup>, Berti Lisa<sup>a</sup>, Giannini Sandro<sup>b</sup>, Leardini Alberto<sup>a</sup>



Foot and Ankle Clinics

Volume 26, Issue 4, December 2021, Pages 765–805



## Subtalar Arthroereisis for Surgical Treatment of Flexible Flatfoot

Maurizio De Pellegrin MD<sup>a</sup>, Désirée Moharamzadeh MD<sup>b</sup>

Journal of  
Clinical Medicine



### Article Arthroereisis with a Talar Screw in Symptomatic Flexible Flatfoot in Children

Andrzej Bobiński<sup>1</sup>, Lukasz Tomczyk<sup>2</sup>, Marcin Pelc<sup>3</sup>, Damian Aleksander Chruscicki<sup>2</sup>, Bartosz Śniętka<sup>2</sup> and Piotr Morasiewicz<sup>1,\*</sup>

2023, 12, 7475. <https://doi.org/10.3390/jcm12237475>

According to the present analysis, both implants appear effective in restoring physiological alignment of the rearfoot, however the **endo-orthotic implant appeared more effective** in restoring a more correct frontal-plane mobility of foot joints.

These data confirm that **subtalar arthroereisis with calcaneo-stop may have an advantage over subtalar arthroereisis with endorthesis** as the screw is not placed across the subtalar joint but instead into the calcaneus.

**There is no consensus on the technique of arthroereisis in the treatment of symptomatic pes planovalgus**. Some authors suggest the use of free-floating sinus tarsi implants, some advocate for inserting screws into the calcaneus, still others report comparable outcomes irrespective of the type of implant used

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> J Pediatr Orthop B. 2021 Sep 1;30(5):450-457. doi: 10.1097/BPB.0000000000000849.

## Diagnosis and treatment of flexible flatfoot: results of 2019 flexible flatfoot survey from the European Paediatric Orthopedic Society

Vito Pavone<sup>1</sup>, Gianluca Testa<sup>1</sup>, Andrea Vescio<sup>1</sup>, Thomas Wirth<sup>2</sup>, Antonio Andreacchio<sup>3</sup>, Franck Accadbled<sup>4</sup>, Federico Canavese<sup>5</sup>

There is great variation among respondents in diagnostic and treatment preferences in the management of children with FFF.

The results of the EPOS 2019 FFF survey clearly show that large-scale, multicentric, international studies are necessary to elucidate which diagnostic and treatment practices lead to the best outcomes.



## Results of the Italian Pediatric Orthopedics Society juvenile flexible flatfoot survey: diagnosis and treatment options

Pavone, Vito<sup>a</sup>; Vescio, Andrea<sup>a</sup>; Andreacchio, Antonio<sup>b</sup>; Memeo, Antonio<sup>c</sup>; Gigante, Cosimo<sup>d</sup>; Lucenti, Ludovico<sup>a</sup>; Farsetti, Pasquale<sup>e</sup>; Canavese, Federico<sup>f</sup>; Moretti, Biagio<sup>g</sup>; Testa, Gianluca<sup>a</sup>; De Pellegrin, Maurizio<sup>h</sup>

Author Information<sup>📧</sup>

Journal of Pediatric Orthopaedics B 31(1):p e17-e23, January 2022. | DOI: 10.1097/BPB.0000000000000881

Although in this survey heterogeneous findings for diagnosis and treatment of patients with symptomatic FFF within SITOP members were found, a large preference for age, heel valgus, flexibility as clinical aspects and parameters, as well as nonoperative treatment and arthroereisis, was reported.

SITOP is encouraging further research to develop evidence-based guideline to improve the care of children with FFF

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**WJO** World Journal of  
Orthopedics

Submit a Manuscript: <https://www.thegpjournal.com> World J Orthop 2021; June 18; 12(6): 433-444  
DOI: 10.5312/wjo.v12i6.433 ISSN 2219-5836 (online)

ARTHOEREISIS

**Arthroereisis in juvenile flexible flatfoot: Which device should we implant? A systematic review of literature published in the last 5 years**

Andrea Vesco, Gianluca Testa, Mirko Amico, Claudio Lizzio, Marco Sapienza, Piero Pavone, Vito Pavone

Surgeon experience, implant cost, and cosmetic correction are the most common considerations included in the orthopedic device decision-making process. In obese patients, the subtalar AR is not recommended. In adolescents who need to improve sports performance, the CS screw had better results compared with other implants. Both AR procedures improved clinical and radiological parameters. Considering the complications, calcaneo-stop screws had a slightly better rate than subtalar AR.

SCIENTIFIC  
REPORTS  
nature research

OPEN Endosinotarsal device exerts a better postoperative correction in Meary's angle than exosinotarsal screw from a meta-analysis in pediatric flatfoot

Chiu-Hua Hsieh<sup>1,2</sup>, Chia-Che Lee<sup>1,2</sup>, Tzu-Hao Tseng<sup>1,2</sup>, Kuan-Wen Wu<sup>1,2</sup>, Jia-Feng Chang<sup>1,2</sup> & Ting-Ming Wang<sup>1,2,3</sup>

The exosinotarsal screw and endosinotarsal device are both effective arthroereisis implants to treat pediatric flexible flatfoot. However, the endosinotarsal device shows a better improvement in Meary's angle than exosinotarsal screw.

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Archives of Orthopaedic and Trauma Surgery (2021) 141:761–773  
<https://doi.org/10.1007/s00402-020-03458-8>

ORTHOPAEDIC SURGERY

## The outcomes of subtalar arthroereisis in pes planus: a systemic review and meta-analysis

Joelle Hwee Inn Tan<sup>1</sup>  · Si Heng Sharon Tan<sup>1</sup> · Andrew Kean Seng Lim<sup>1</sup> · James Hoipo Hui<sup>1</sup>

Execution of subtalar arthroereisis is able to result in both pain relief as well as correct the underlying pes planovalgus deformity. This procedure can lead to radiological correction of heel valgus and medial longitudinal arch collapse.

The type of surgical techniques employed and the performing of concomitant procedures along with subtalar arthroereisis did not seem to produce significant differences.

Foot and Ankle Surgery 30 (2024) 535–545



Contents lists available at ScienceDirect

Foot and Ankle Surgery

journal homepage: [www.journals.elsevier.com/foot-and-ankle-surgery](http://www.journals.elsevier.com/foot-and-ankle-surgery)



Outcomes of the “Calcaneo-stop” procedure for treating symptomatic flexible flatfoot in children: A systematic review and meta-analysis of 2394 feet



María Galán-Olleros<sup>a,1,\*</sup>, Laura del Baño Barragán<sup>b</sup>, María Jesús Figueroa<sup>a,c</sup>, Carlos H. Prato de Lima<sup>d</sup>, Manuel Fraga-Collarte<sup>d</sup>, Beltran Torres-Izquierdo<sup>e</sup>, Pooya Hosseinzadeh<sup>e</sup>, Ignacio Martínez-Caballero<sup>a</sup>

1. **Heterogeneity** across the included studies in terms of methodologies, patient demographics, and reporting standards
2. **Exclusion** of potentially informative data from **gait analysis and pedobarography**

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Foot & Ankle

FOR | VOLUME 2 | NOVEMBER 2017  
DOI: 10.1182/0888-6291.2.170009  
www.footandankle.org



EFORT open reviews

The role of arthroereisis of the subtalar joint for  
flatfoot in children and adults

FOOT & ANKLE INTERNATIONAL  
Copyright © 2011 by the American Orthopaedic Foot & Ankle Society  
DOI: 10.3113/FAL.2011.1127

## Subtalar Joint Arthroereisis in the Management of Pediatric Flexible Flatfoot: A Critical Review of the Literature

Stuart A. Metcalfe, BSc(Hons); Frank L. Bowling, PhD; Neil D. Reeves, PhD  
Manchester, UK

To date, poor-quality evidence is available in the literature (Level IV and V). Some studies have reported excellent results in the treatment of paediatric flatfoot with arthroereisis associated with other procedures, but, it is hard to gather reliable information mainly due to the potential confounding effect of additional procedures.

When considering arthroereisis alone, all authors reporting results on different cohorts (non-comparative studies)

We found that in clinical assessment they still used non-validated scores (for children)

Radiographic parameters not always related to the 'pathological' flatfoot

Substantial variation in the radiological parameters reported between studies

Only a small number of studies declared their criteria and measurement procedures for the reported charted values.

Variation in the timing of postoperative images





Lack of complete data sets in the reported case series

No studies within this review correlated changes in radiological alignments and patient reported outcome.





## Flatfoot over the centuries: the background of current conservative and operative treatments

Carlo Biz<sup>1</sup>  · Mariachiara Cerchiaro<sup>1</sup>  · Fabiana Mori<sup>1</sup> · Alessandro Rossin<sup>1</sup> · Mattia Ponticiello<sup>1</sup> · Alberto Crimi<sup>1</sup>  · Pietro Ruggieri<sup>1</sup> 

This lack of a gold standard treatment seems to be the result of multiple points of view about pes planus, and many authors, also quoted in the present study, seem to have spent more time trying to identify the best corrective method rather than to clearly answer a crucial question on this issue:

is fatfoot a pathology, anatomical condition, or a mere phenotypic feature of the human body?

# SURGICAL TREATMENT OF FLEXIBLE FLATFOOT IN CHILDREN

A FOUR-YEAR FOLLOW-UP STUDY

BY SANDRO GIANNINI, MD, FRANCESCO CECCARELLI, MD, MARIA GRAZIA BENEDETTI, MD,  
FABIO CATANI, MD, AND CESARE FALDINI, MD



## Definition

Flexible flatfoot in children is one of the most common disorders in orthopaedics<sup>1,2</sup>. Despite numerous papers published in the literature, the definition and etiology of flexible flatfoot; the level of disability that it may cause; and the opportunity for, appropriate time of, and efficacy of its treatment are still open to debate<sup>3,4</sup>. In fact, if the foot is only morphologically flat, characterized by a lower medial arch and a broadening of the footprint, it can be well tolerated throughout the person's life. If, however, the foot is also functionally flat—that is, a foot that during weight-bearing and walking stays in a prevalent or persistent pronation—can cause secondary problems<sup>5,6</sup>.

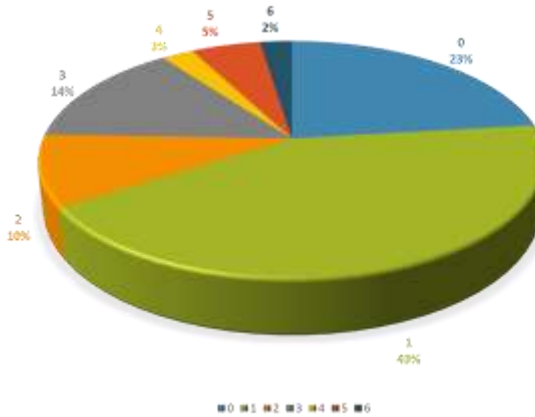
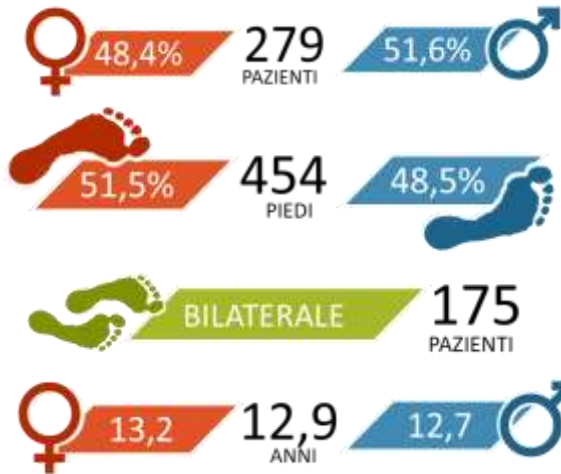
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## 2013-2023



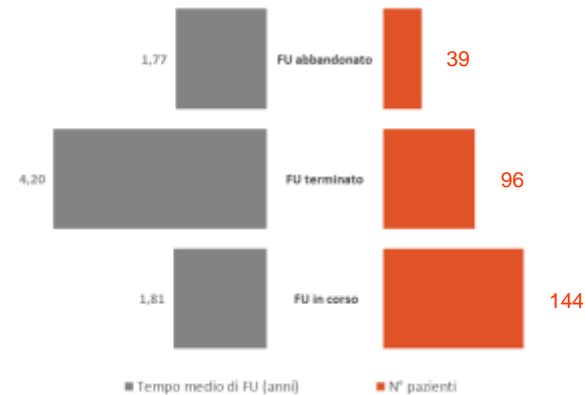
0 artrorisi	105
1 artrorisi + aponeurectomia gastrocnemio	194
2 artrorisi + tempo mediale	44
3 artrorisi + aponeurectomia GN + tempo mediale	65
4 artrorisi + Young	11
5 artrorisi + aponeurectomia GC + Young	24
6 artrorisi + tenotomia percutanea achilleo	11



7-8%

25 dolorose

15 scelta del paziente



**Analisi retrospettiva**  
**Casistica limitata, eterogenea**  
**Complicanze non del tutto**  
**quantificabili**

“WHAT KEEPS ME UP AT NIGHT”: COMPLICATIONS  
 IN FOOT AND ANKLE SURGERY



## Modificazioni post-operatorie della dinamica del passo in pazienti con piede piatto sottoposti a intervento di artroresi endosenotarsica + tempi accessori

### Correlazione tra parametri clinici, radiografici e dati podobarometrici

Soggetti (N)	22 (12 M - 10 F)
Età	12,64 ± 1,529
Altezza (cm)	157,86 ± 10,453
Peso (kg) *	49.09 ± 9.071

**Criteri di esclusione**  
patologie neurologiche  
patologie vestibolari  
controindicazioni all'uso delle app medicali

- 22 Artroresi
- 17 aponeur GC
- 4 tempo mediale
- 3 procedura di Young

**Flatfoot in children and adolescents. Analysis of imaging findings and therapeutic implications**

C. Bourdet<sup>a</sup>, R. Seringe<sup>b</sup>, C. Adamsbaum<sup>c</sup>, C. Glorion<sup>d</sup>, P. Wicart<sup>d,\*</sup>

**Navicular tenosuspension with anterior tibialis tendon (Young procedure) associated to calcaneo-stop for the treatment of paediatric flexible flatfoot: clinical and ultrasound study**

Elena Samaila, Ingrid Bonetti, Costanza Bruno, Emanuele Argentini, Bruno Magnan



Calcaneal pitch	20° - 30°
Angolo di Meary laterale	<6°
Angolo di Costa-Bertani	120-130°
Angolo di divergenza astragalo-calcaneare	20° - 25°



Freemed™ versione Dynamic (Sensor Medica, Guidonia Montecelio, Roma, Italia)  
FreeStep™ (Sensormedica, Guidonia Montecelio, Roma)

global CoF Index  
angolo podalico  
superficie di contatto dell'alluce  
superficie di contatto del mesopiede  
superficie di contatto del retro piede  
percentuale di carico dell'alluce  
durata di contatto al suolo  
durata del semipasso  
durata di doppio appoggio  
lunghezza del semipasso  
superficie di contatto totale  
velocità media

#### Analisi statistica

Le analisi statistiche sono state eseguite utilizzando il software Jamovi: Jamovi version 1.6 per Windows, Sydney, Australia [Computer Software]. Tutte le variabili quantitative sono presentate come media e deviazione standard (M + DS). Il test utilizzato è stato il t di Student per campioni appaiati per rilevare differenze tra più variabili nel Pre (T0) e Post operatorio (T1). La normalità dei dati è stata testata utilizzando il test di Shapiro-Wilk. Per i dati che non sono risultati distribuiti normalmente, qualora il t test fosse significativo, è stato utilizzato il Wilxon test per confermare la significatività. Le relazioni tra i parametri radiografici e i parametri baropodometrici sono state valutate utilizzando i coefficienti di

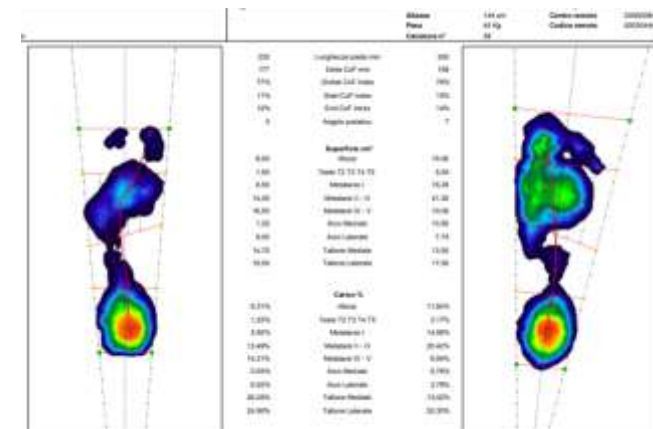
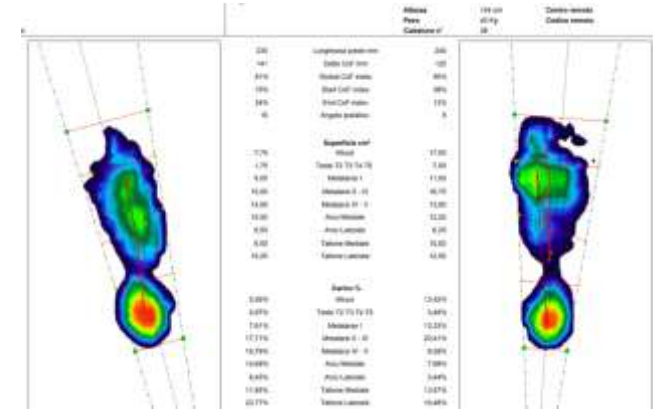
**AOFAS score**



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## AOFAS score

- miglioramento del punteggio totale  $p < 0,001$
- funzione ( $p < 0,001$ )
  - limitazione delle attività ( $p = 0,037$ )
  - movimenti sagittali ( $p < 0,001$ )
  - movimenti del retro piede ( $p = 0,011$ ).
- allineamento ( $p < 0,001$ )



## Parametri radiografici

- miglioramento degli valori degli angoli considerati
- variazioni tra T0 e T1 con significatività statistica elevata per ciascuna delle misurazioni eseguite ( $p < 0,001$ ).

## Valutazioni baropodometriche

- diminuzione della superficie di contatto complessiva ( $p = 0,003$ )
- riduzione della durata del semipasso  $p < 0,001$
- riduzione dell'area di appoggio ( $p < 0,001$ ) e della percentuale di carico dall'alluce ( $p = 0,013$ ).

Correlazione negativa tra velocità media e calcaneal pitch (  $\rho$  Spearman = -0,529 ,  $p = 0,011$ )  
Correlazione positiva tra durata del semipasso e calcaneal pitch (  $\rho$  Spearman = 0,499 ,  $p = 0,018$ )  
Correlazione positiva tra durata di doppio appoggio e calcaneal pitch (  $\rho$  Spearman = 0,588 ,  $p = 0,004$ )  
Correlazione positiva tra Global CoF Inedx e Angolo di Meary (  $\rho$  Spearman = 0,438 ,  $p = 0,042$ )  
Correlazione positiva tra Global CoF Inedx e Angolo costa Bartani (  $\rho$  Spearman = 0,519 ,  $p = 0,013$ )

**Tali dati baropodometrici non variavano significativamente nel pre e post operatorio**

- Una riduzione dell'**angolo di Kite** si associa ad
  - o una riduzione della sup del mesopiede (Coff = 17,753;  $p = 0,042$ )
  - o una riduzione della % di carico dell'alluce (Coff = -12,521;  $p < 0,001$ )
- Una riduzione dell'**angolo di Meary** si associa ad
  - o una riduzione della superficie di contatto dell'alluce (Coff = 0,475;  $p = 0,001$ )

Modalità	●
Campione	●
Gruppo controllo	●
Val. funzionale	●
Follow up	●
Risultati	●

**DATI RADIOGRAFICI**



**AOFAS SCORE** ?